

Medication Table: Antidepressants (including SSRIs) in Adults

Summary: Information for prescribers for key antidepressants used in adult depression.

Antidepressant Medication Table (Adults)

| | Name (Brandname) | Start dose | Initial target dose | Max dose | Sedation | QT | Weight Gain | Sexual | Comments |
|-------------|---------------------------|------------|---------------------|----------|----------|------|-------------|--------|--|
| SSRI | Citalopram (Celexa) | 10 | 20 | 40 | 0 | 1+ | 1+ | 3+ | Watch for QTc prolongation if >40 mg daily |
| | Escitalopram (Cipralex) | 5 | 10 | 20 (30*) | 0 | 1+ | 1+ | 3+ | S-isomer of Citalopram |
| | Fluoxetine (Prozac) | 10 | 20 | 80 | 0 | 1+ | 1+ | 3+ | Long half-life useful for teenagers; however, caution in elderly Watch for drug-drug interactions |
| | Sertraline (Zoloft) | 25 | 50 | 200 | 1+ | 0-1+ | 1+ | 3+ | May be used in panic disorder; consider in postpartum |
| | Paroxetine (Paxil) | 10 | 20 | 50 | 1+ | 0-1+ | 2+ | 4+ | Short half-life; watch for discontinuation syndrome Avoid in elderly and pregnancy |
| | Vortioxetine (Trintellix) | 5 | 10 | 20 | 0 | 0 | 0 | 0-3+ | Sexual side effects are dose dependent Crossover when switching |

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|--------------|------------------------------|-----------------------|------------------------------------|---------------------|-----------------|-----------|------------------------|---------------|---|
| | Fluvoxamine (Luvox) | 50 | 100 | 300 | 1+ | 0-1+ | 1+ | 3+ | Significant GI side effects |
| SNRI | Venlafaxine XR (Effexor) | 37.5 | 75 | 225 (300*) | 1+ | 1+ | 0 | 3+ | May increase blood pressure! Watch for discontinuation syndrome |
| | Desvenlafaxine (Pristiq) | 50 | 50 | 100 | 1+ | 0 | 0 | 3+ | May increase blood pressure! Watch for discontinuation syndrome |
| | Duloxetine (Cymbalta) | 30 | 60 | 120 | 0 | 0 | 0 | 3+ | Also approved for several pain conditions |
| NDRI | Bupropion XL (Wellbutrin) | 150 | 300 | 300 (450*) | 0 | 1+ | 0 | 0 | Avoid in those prone to seizures and in eating disorder |
| NaSSA | Mirtazapine (Remeron) | 30 | 30 | 45 | 4+ | 1+ | 4+ | 1+ | Significant sedation and increased appetite. |